

January 2020

First Quarter

Volume 4, No. 1

Newsletter



Since The Beginning

- 301,974 Lunch Meals Served
- 69,398 Volunteer/Group Hours
- 100 - 200 Meals Served Daily

2020 NEEDS LIST

- » Bottled Water (we hand out over 1,000 bottles per week)
- » Razors
- » Deodorant —Travel Size
- » Toothbrushes
- » Toothpaste—Travel Size
- » Sweet Relish
- » Sugar
- » #10 Canned Goods
- » Louisiana Hot Sauce
- » CANNED Coffee 3#
- » Gallon Sized Tea Bags
- » Plastic Forks, Spoons & Knives
- » Pam Cooking Spray
- » Trash Can Liners - 13 & 33 Gal
- » Sandwich/QT/Gal Zip Lock Bags
- » White Cotton Women's Socks
- » White Cotton Men's Socks
- » Hand Sanitizer
- » Boxed Mac N Cheese
- » Individual serving size trail mix

From Our President

Happy New Year!



Grayson Grand Central Station has so much to look forward to this year. Renovations of the new building should be completed this summer, and the fundraising committee is hard at work on our annual fundraiser event; and, Grand Central Station celebrates its 10 year anniversary in October!

I am honored to serve as the President of the Board for Grayson Grand Central Station this year, and excited to be working with such a great team of leaders on this year's board.

In addition, this organization is run by your volunteer time and your contributions. I am grateful to each of you for your continued dedication and efforts. That is why Grand Central Station has made such an impact in our community.

Stay tuned for more exciting things to come and as always, please feel free to reach out if you have any questions or concerns. We would love to take you on a tour of the new building, please give us a call to arrange a time!

Sara Tarvin

GRAND CENTRAL STATION Appreciates Your Continued Support!

Grand Central Station needs and welcomes your donation in any denomination! Every dollar counts and is used for food for our neighbors, Children's After School Food program, The Green House and day-to-day operations for our Soup Kitchen. Your donation is **TAX DEDUCTIBLE**. Please send your donation to:
Grand Central Station, P.O. Box 3173, Sherman, Texas 75091.

As we count our blessings for 2019, it is only fitting that we attribute it to our friends, donors, foundations and community! Because of you, amazing accomplishments have taken place this past year. Our many friends of Grand Central Station opened up their hearts, at year's end, with very generous donations that will help us continue our mission to support the needs of our neighbors, and help us move toward completion of our expansion project into the new year.

To these friends and donors, we thank you for your support and partnership. In addition, our individual and business donors who provided food for kitchen, Children's program, up, many tur-
 seasonal which all neighbors the soup pantry and Express stepped providing keys and food, helped our have that special holiday meal. We extend a special thanks to these partners, too.



Christmas is always a great time for giving, but it's also a great time seeing those people who benefit from your gifts. This year we were able to provide a hot meal of turkey and ham with all the fixings, and the Green House Pantry included frozen turkeys. All our "neighbors" received Christmas gift bags filled with, blankets, scarves, hats, gloves, socks, full size toiletries, and other items.

With the cold weather, we hosted a Coat Giveaway, providing free coats, scarves, hats, blankets and gloves. In addition, THANKS TO CAPIO PARTNERS, the kids had their own Christmas with donated gifts and pictures with Santa. The big smiles we saw from children and adults alike were all the reward needed.

We now look forward to the New Year. There is no doubt our successes will continue to roll into 2020. We will continue to feed the bodies and spirits of our neighbors, but will be striving to add new plans and programs to assist those interested in developing skills to move to a more self-sustaining position. Blessings and Gratitude!

Karen Bray

OUR FRIENDS AND VOLUNTEERS



GRAND CENTRAL STATION DINING CAR

SERVING LUNCH TO THOSE IN NEED

110 THROCKMORTON

SHERMAN, TX

(Between Lamar and Houston)

Monday—Friday 9:00 am -1:00 pm

**Breakfast Items served at 9 am;
Hot lunch served between 11 - 1 pm
Saturdays - bag lunches served 9 am
until all food is gone
Showers, washer/dryer M-F
TV & Computers with WIFI**

**Volunteer assistance with
applications and forms**

OUR PURPOSE

Provide for the underserved

OUR VISION

**A hopeful and nourished
community in Body, Soul and Spirit**

OUR MISSION

**We provide food, clothing, tools for
learning, advocacy and life solutions for
our neighbors in need, in an environment
of safety.**

Advisory Board

**Shery Bradshaw, Phyllis Hicks, Peg
McClure, Carol Noltensmeyer, Gail
Utter**

Executive Board

**Sara Tarvin—President
Scott Jasper—VP, Katibeth Worrell—
Treasurer, Leslie McGee—Secretary,
Laura Wheeler—Past President**

Board of Directors

**Charlie Dannel, Loren Hervey, Robin
Holbert, Robert Little, Allen Martin,
LeighAnn McGee, Tom Noltensmeyer,
Webb Sanderson, Peter Schulze,
Todd Young**

**Executive Director: Karen Bray
Kitchen Manger/Chef: Regina Foster
Green House Coord: Patricia Whitson**

**grandcentralstation@gcecisp.com
PHONE: 903-957-0264**



Besides our dedicated we have had four groups, Boy America Troop 15, American Girls, Alpha Phi Omega- Phi Xi College, and the Sisters of us during the months of October December. With the numbers are in need of more donations: purchases, granola bars, small and chicken, peanut butter or cheese crackers, fruit cups, fruit snacks, and individual sizes of macaroni and cheese. Thank you for your support and we can use volunteers anytime you are available.

Children's Express distributed 10,563 bags during the first semester of the 2019-2020 school year.

Some of the counselors have indicated that our weekly number of 714 may rise during the Spring semester.



volunteers, Scouts of Heritage from Austin Service help through increasing we money for cans of tuna

fruit snacks, and individual sizes of macaroni and cheese. Thank you for your support and we can use volunteers anytime you are available.

OUR VOLUNTEERS ARE OUR GREATEST ASSET!



Grand Central Station survives because of our great Volunteers! We are blessed beyond words and appreciate each volunteer for their time, donations and commitment to our mission. Special thanks to Dena and Jim Woods and their church family. If the Soup Kitchen has 3 hams and we need 6 for a meal, Dena and Jim are there with the extra 3 hams.

They are our weekly bread donors for hamburgers, hot dogs and sandwiches. This past Christmas we had a group cancellation scheduled to put Christmas gift bags together for our visitors; at the last minute we called Dena and she brought her Church Warriors from Twin Cities Baptist church to help assemble. Dena says, "it's God and only God who is directing us, and giving us the resources and ability to make all this happen". Dena and Jim only donate to nonprofits where the majority of its budget goes directly to the client services. Grand Central Station fits the model.

**COUNTLESS INDIVIDUAL DONATIONS, ANONYMOUS DONATIONS,
CORPORATE AND FOUNDATION DONORS, MAKE IT POSSIBLE TO FEED
OUR GRAND CENTRAL STATION FAMILY! THANK YOU!!**

Grand Central Station needs volunteers!

Is your Church or business looking for a mission/outreach program? Are you personally looking for a meaningful volunteer opportunity?

Grand Central Station's existence depends on volunteers to prepare and serve meals, greet our visitors, sort and hang up clothes, pack food bags for our children, pick up and deliver food and help with our ministry!

For more information on a program that meets your individual, church or organization's needs, please contact our volunteer coordinators below!

Dorothy McKee – Dining Car - dodiemckee@gmail.com;

Patricia Whitson – Green House - patriciagreenhouse3@gmail.com;

Or Sara Tarvin – Children's Express at gastvyn@gmail.com

Your commitment to serve the underserved citizens in the Texoma area is appreciated. You are making a difference in their lives!



2019 has been a very exciting and momentous year for **The Green House Food Pantry**. Serving over 3,000 families, 9,200 individuals, 162,000 pound of food with 28 regular volunteers, YES we have been busy.

This past year we had some long-time volunteers retire and new ones joining us! Those leaving our ranks, left our hearts heavy, and learning more about our newbies and what they could bring to help us, encouraged us onward.

We've had some wonderful organizations work with us through volunteerism that were truly awesome. The Whitewright Beta Club, Austin College, Blue Ridge HS Student Government, and Sherman HS. Two of our long-time volunteers, Sue Gudgel, and Myra Williams, with endless hours and hard work, have been the glue that keeps our group together. I am looking forward to 2020 to experience the new changes that are to come. Patricia Whitson –



☐ Please send me more information about including Grand Central Station in my estate plans.

Donate online at:
Grandcentralsherman.com

P.O. Box 3173
Sherman, Texas 75091

YES! I wish to make a donation to *Grand Central Station*.

Enclosed is my tax-deductible gift of:

☐ \$500 ☐ \$250 ☐ \$100 ☐ \$50 ☐ Other \$ _____

I want to make this gift in recognition of (name & address)

☐ Check enclosed payable to Grand Central Station

☐ Charge my credit card: ☐ AMEX ☐ Mastercard ☐ Discover ☐ Visa

No. _____ Name on Card _____

Address _____ Signature _____

Grand Central Station

P. O. Box 3173

Sherman, Texas 75091