

May 2016

Volume 2, No. 3



Newsletter

Grand Central Station Sherman, Texas

Since our Beginning October 2010

- 172,548 Meals have been served
- 48,503 Volunteer hours have been documented
- We're serving between 150-170 meals daily



Mitchell Everett, called Mitch, is our newest employee from Experience Works. He has been a great, hard-working addition to our team. In spite of his Northern roots,

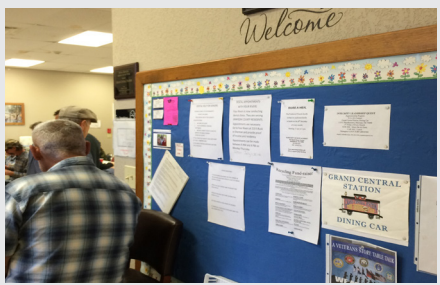
we have welcomed him to our Southern establishment. He was born in Malden, MA, moving later and graduating from high school in Exeter, New Hampshire. Interested in seeing the US and traveling, he became a truck driver for 30 years traveling through all 48 continental states plus Canada. He loves history, so enjoyed seeing the USA and meeting a multitude of interesting people. His other interests are politics and sports (New England Patriots, of course). He has a bicycle that he uses all over town and says that this helps keep him in shape. He enjoys his work at GCS and says that it sure beats truck driving. We feel the same about his being with us. Mitchell is a great worker and an interesting person that is now part of Grand Central Station!



Good To Know

We are excited to welcome several groups of volunteers to help at GCS during May and June. We will have a group from Whitesboro Methodist Church on Saturday, May 21. They will help prepare the brown-bag lunches, assist in handing them out, and help organize at our warehouse. It is always helpful to have these willing groups with many talents. Grace Methodist Church in Sherman is sending volunteers as part of their Mission Week, and will be helping June 9th with Children's Express backpack distribution. They will put together bags to send home with children who need lunches when school is not in session. These will be students from all the elementary schools who are on the free/reduced fee lunch list during the school year. Grace youth have helped us out at other times and we are so appreciative. First Presbyterian Church in Dallas will be having a Family Mission Trip to our area June 23rd-26th. This is their first time and it has been so great working with them as they planned their daily routines. They will arrive early in the morning on Thursday and assist with unloading the delivery truck from North Texas Food Bank. They will assist at the GCS warehouse for Children's Express and Grand Central Station, and will help unload food at the Green House. We hope they will have time for a swim at AC after a hard day's work. This will occupy that first day and provide some excellent assistance for all three groups. Friday they will volunteer at the Green House with some long needed repairs to make the house more accessible to those needing their service. They will also assist with inside work that is needed. After a picnic lunch at Old Settler's Park they will spend the afternoon at the Crisis Center and share a cookout with the folks there. Saturday the group will assist with preparation of brown-bag lunches, handing them out, and if needed additional work at GCS and/or warehouse. They will take lunches from GCS and have picnic at Old Settler's again. The afternoon will be spent viewing the Dino Days exhibit at The Sherman Museum before heading back to Wolf Run Ranch where they are staying for the length of the trip. They will have an additional work project there. Sunday sees them heading home to Dallas after a great week of service, fellowship, and worship in Sherman. As you can imagine we are excited about all our groups and will post some photos in our next newsletter.





GRAND CENTRAL STATION DINING CAR

SERVING LUNCH TO THOSE IN NEED

110 THROCKMORTON SHERMAN, TX
(Between E. Lamar and E. Houston)

Anyone that comes to our dining car is welcome.

Service area: North Texas

Monday-Friday 9:00am-1:00pm

Coffee, Juice & Rolls at 9am

Hot lunch served between 11-1

Saturdays-Sack lunches 9:30 until all distributed

Showers, washer, dryer available M-F

TV & Computer with Internet Access

Volunteer assistance with applications and forms

OUR MISSION

The mission of Grand Central Station is:

To operate as a local outreach mission sponsored by a group of Grayson County Texas churches that share a commitment to help reduce the effects of resource limitations by helping those in need.

We hope to do this by:

- Nutritious meals to alleviate hunger.
- Education, training, and social services to empower lives.
- Opportunities for community services as needed.

Board of Directors

Gail Utter Sheryl Bradshaw

Leigh Ann Kloppers, Buffy Todd,

Ben Merrill, Laura Wheeler, Ralph Bluemel,

Webb Sanderson, and Garrett Riddels

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Service Academy for Youth (SAY)

A Project of Grand Central Station's Great Days of Service

SAY exists to teach the value of service to teens and pre-teens in a camp setting. Combining fun and hard work, SAY was started some 15 years ago to emphasize the importance of helping our neighbors in need. Because of the generosity of the Oliver Dewey Mayor Foundation, there is no charge for students to attend, thus allowing a diverse mix of individuals to experience this unique program and the opportunity for growth.

Austin College has been the residential setting each year for 150 local teens to spend 4 summer days together, working on community projects, learning from adult and peer role models, and getting to know and understand one another. The City of Sherman each year identifies project homes, yards, and public areas that are in need of major and minor tender loving care and our kids go to work. Tasks include sanding, painting, building, mowing, weed pulling and numbering curbs for 911 identification.

During the week, a motivational speaker inspires participants with personal stories and leadership cues. The purpose of these sessions is to introduce students from varied backgrounds to outlooks that might generate new thoughts and moral paths. Fun and festive activities provide respite from the Texas sun and enable social and teamwork skill development. Activities include Cookouts, Bubble Soccer, Park Volleyball, Field Day events, Rough Rider Baseball games, Snow Cone outings, and Wheelchair Basketball. Pre-teens attend in a Day Camp setting at various local churches and develop service projects for local groups and individuals. Each year they visit retirement centers bearing gifts and with offers of songs and entertainment.

SAY recruits former participants to serve as volunteer counselors for the program each year. Counselors enjoy the opportunity to give back for their own time in the program, mentor young people, teach the value of service, and continue to develop their own leaderships skills. Local businesses and churches donate their time, transportation, and product to support the program each year.

SAY Rocks!



We appreciate representatives of TI's team that work every month at GCS.



Welcome to Cross Roads Baptist Church volunteers from Madill, Oklahoma.