

March 2016

Volume 2, No. 2



Newsletter

Grand Central Station Sherman, Texas

Since our Beginning

October 2010

- 165,140 Meals have been served
- 48,503 Volunteer hours have been documented
- We're serving between 150-170 meals daily

As greeters and workers at GCS, we have the opportunity to connect with our neighbors in need. The acronym "WEAVE" is very useful.

When we encounter people we can:

W - Welcome on a personal level

E - Empathize with others, truly listen

A - Acknowledge the concerns and needs of those you meet.

V - Verify all needs have been met

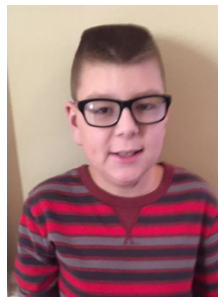
E - Exit on a personal level



The Gunter Middle School class worked at the warehouse on Friday, January 15th. As they unpacked and shelved food, they said they unpacked 1,040 cans of tuna!



Tricia McClain and Joan Smith wear two of our latest aprons embroidered by Cindy Risk at Risk's Shoes in Sherman. Cindy has generously donated and embroidered our aprons since we opened. We appreciate all they have done and hope you all will thank Risk Shoe Store when you do business with them.

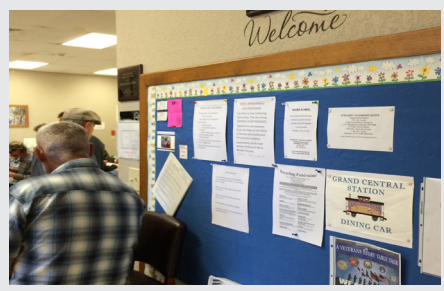


Landon Cain celebrated his recent birthday by asking his friends to bring food gifts for GCS instead of presents. Thanks Landon!

Good To Know



Grace Methodist Youth helped us on January 30th to make brown bag lunches.



GRAND CENTRAL STATION DINING CAR

SERVING LUNCH TO THOSE IN NEED

110 THROCKMORTON SHERMAN, TX
(Between E. Lamar and E. Houston)

Anyone that comes to our dining car is welcome.

Service area: North Texas

Monday-Friday 9:00am-1:00pm

Coffee, Juice & Rolls at 9am

Hot lunch served between 11-1

Saturdays-Sack lunches 9:30 until all distributed

Showers, washer, dryer available M-F

TV & Computer with Internet Access

Volunteer assistance with applications and forms

OUR MISSION

The mission of Grand Central Station is:

To operate as a local outreach mission sponsored by a group of Grayson County Texas churches that share a commitment to help reduce the effects of resource limitations by helping those in need.

We hope to do this by:

- Nutritious meals to alleviate hunger.
- Education, training, and social services to empower lives.
- Opportunities for community services as needed.

Board of Directors & Advisory Board

Gail Utter ~ Peg McClure ~ Sheryl Bradshaw
Leigh Ann Kloppers, Buffy Todd, Mary
Hamel, Ben Merrill, Laura Wheeler, Ralph
Blumel, Webb Sanderson, Garrett Riddels
and Jim Gay

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The Green House

Some of you may not realize this but when Key Memorial closed as a church, the group who worked with Key Care under the churches sponsorship remained and joined Grand Central Station. They are in the same location and are known now as The Green House. They are currently working under the umbrella of Grand Central Station with their own funds and donations and some assistance from us. They distribute 2-3 bags of food every two weeks to those in need depending on how much food the Green House has. They also have a clothing closet. They are looking for volunteers that could help in their office and/or other jobs at The Green House. If you would like to work with a great bunch of folks and could help a couple of hours or so when you can, please contact Mikie Ritchie, their



Volunteer Coordinator at 903-891-8917 or Dorothy McKee at 903-870-6449. They also accept donations of coats and clothes, especially teen and school age children and men. They can use blankets, Ramen noodles, mac and cheese and the usual canned goods. Toothpaste and toothbrushes are especially welcomed!

Children's Express

Children's Express is a program that functions as a wing of Grand Central Station. It began in 2013 as a program to feed children during the summer months, Thanksgiving, Christmas and Spring Break holidays. This program is offered to children attending Sherman elementary schools who are on the Federal Free or Reduced Lunch Program. This past Christmas over 300 children received food. February 5, 2016, we expanded the program to include weekend food packs. Counselors from two Sherman Elementary Schools identified over 100 children that are now benefiting from this weekend lunch program. On Thursday afternoon, volunteers pack bags of non perishable food so the teachers can place the bags in the children's backpacks on Fridays. Teachers have told us that many children have lunch at school on Friday and then do not eat again until they return to school on Monday morning. We have just been made aware that another elementary school has an additional 86 children that would benefit from this weekend program. We are so grateful for North Texas Food Bank, which enables us to feed children for between, for example, \$0.95-\$2.00 per child per weekend. We are able to buy a case of peanut butter for under \$4.00 instead of 4 jars at Dollar Tree or 1 or 2 at the grocery store. We have been blessed with volunteers and donors who want to help the children of Sherman.

Please feel free to contact us for more information or if you would like to help.

To help or donate,
contact Anne Webb
at annekwebb@gmail.com.
Thanks!

