

Newsletter



Since our Beginning

In October 2010

- 267,765 Lunch Meals Served
- 61852 Volunteer Hours
- 100 - 200 Meals Served Daily

GRAND CENTRAL STATION 2018 NEEDS/WISH LIST

- » Brown Paper Bags 12#
- » Razors
- » Deodorant - Small Size
- » Toothbrushes
- » Travel Size Toothpaste
- » Sweet Relish
- » #10 Canned Goods
- » Louisiana Hot Sauce
- » Bottled Water
- » CANNED Coffee 3#
- » Gallon Sized Tea Bags
- » Plastic Forks, Spoons & Knives
- » Pam Cooking Spray
- » Trash Can Liners - 13 & 33 Gal
- » Sandwich/QT/Gal Zip Lock Bags
- » White Cotton Men's Socks
- » Hand Sanitizer
- » Natural Gas Tankless Water Heater
- » Volunteer Licensed Plumber

It's Time to Give Thanks!

Grand Central Station serves a full meal each year on Thanksgiving Day. This Thanksgiving was no different. We served a traditional lunch to about 150 people. We received food donations and Turkeys from many throughout the community as well as the North Texas Food Bank.

Volunteers helped prepare on Thanksgiving eve and serve on Thanksgiving day. They filled our kitchen with love, joy and service.



We are particularly thankful for the **Williams** family from McKinney who have come every year to help. The **Ventura** and **Noltensmeyer** families also help run the kitchen each year. This year, new volunteers included The **Smith** and **Uhrich's** and their children. We have other volunteers, some of our regulars and some who just call to help who are not a part of our regular crews. It is a great day to be a part of the GCS team.

GRAND CENTRAL STATION Appreciates Your Continued Support!

Grand Central Station needs and welcomes your donation in any denomination! Every dollar counts and is used for food for our neighbors, **Children's After School Food program**, **The Green House** and day-to-day operations for our Soup Kitchen. Your donation is TAX DEDUCTIBLE. Please send your donation to:

Grand Central Station, P.O. Box 3173, Sherman, Texas 75091.

Volunteers Gathered to Assemble Christmas Bags for Grand Central Station Clients



Volunteers from **The First United Methodist Church in Whitesboro** assembled 75 Christmas gift bags for the women.

Twenty volunteers from **Healing Springs Ranch in Tioga** gathered to put together 100 Christmas gift bags for the men.



The **Austin College** Mail and Print team came together in a big way for Grand Central Station. They were gracious enough to send out a special "Thank You" letter to 1200 donors and volunteers. Their machinery enabled us to use bulk rate postage and automatically folded the letters and they stuffed 1200 envelopes.



From L to R: Melissa Holmes, Amanda Shepherd, Carey McClain, Carla Neitzler, & Roy Allen.

*We rise by
lifting others.*

~ Robert Ingersall



Children's Express is currently serving 575 children weekly for our weekend back pack program through 6 schools.



The Green House would like to extend a special "Thank You" to the children of **Belden Street Montessori School** for the food donation. They earned canned goods by doing chores at home.



Please contact Jamie Flynn at 903-819-2479 jamieflynngreenhouse@yahoo.com or if you would like to volunteer or donate food, clothing or household goods.



Austin College Great Days of Service volunteers helped out by cleaning up the future home of Grand Central Station.

THANK YOU to **Cynthia Roth** and the "**Wranglers**", volunteers from **Cynthia's Corner Yarn Shop** in Gainesville. They knitted and crocheted over 100 precious animals, hats, cowls and scarves for our Visitors Christmas bags this year.

THANK YOU **Jean Chambers** for the 65 beautiful hand crafted scarves for our Visitors Christmas bags this year!

THANK YOU to volunteers from **Twin Cities Baptist Church** in Sherman for donating time, love and a lot of special gifts, making sure all of our visitors had a super, wonderful Christmas this year. They donated toiletries, blankets, socks, perfume boxes, toothbrushes, razors, men's and women's gifts & toiletry gift boxes. They went above and beyond, and also put together 175 candy bags for our Children's Christmas Party!

GRAND CENTRAL STATION DINING CAR

SERVING LUNCH TO THOSE IN NEED

110 THROCKMORTON
SHERMAN, TX
(Between Lamar and Houston)

Monday—Friday 9:00 am -1:00 pm

Coffee, Juice & Breakfast Items
Served at 9 am

Hot lunch served between 11 - 1 pm

Saturdays - bag lunches served 9 am
until all food is gone

Showers, washer, dryer available M-F
TV & Computers with WIFI

Volunteer assistance with
applications and forms

OUR PURPOSE

Provide for the underserved

OUR VISION

A hopeful and nourished
community in Body, Soul and Spirit

OUR MISSION

We provide food, clothing,
tools for learning, advocacy
and life solutions for
our neighbors in need,
in an environment
of safety.

Executive Board

Gail Utter, Leigh Ann Sims,
Laura Wheeler, Sara Tarvin,
Scott Jasper

Board of Directors

Dayla Callen, Natalie Hulsey, Allen
Martin, Leslie McGee, Jamie Riddels,
Samantha Riddels, Webb Sanderson,
Peter Schulze

Executive Director: Karen Bray
Kitchen Manager/Chef:
Ben Merrill

Grandcentralsherman.com
PHONE: 903-957-0264

RUIZ FOODS NATIONAL ACCOUNT SALES TEAM VOLUNTEER AT GRAND CENTRAL STATION

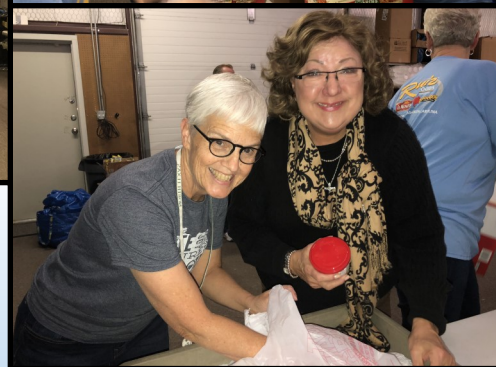
On November 6, the Ruiz Foods National Account Sales Team came together from across the United States for their annual meeting. This year their time together included a stop at Grand Central Station to volunteer through the Ruiz Cares Program. They helped pack backpacks for Children's Express "After School Food Program, assisted with repackaging food for our Green House care packages for the underserved families in our community, along with some much needed painting at the Dining Car. Their thirteen-member team was a huge help and we were thrilled to have them work along beside us.

Thank You, Ruiz Cares!

"Ruiz Foods has been great a partner with us and we deeply appreciate their work and love for their community," Chair of the Board of Directors for Grand Central Station, Leigh Ann Sims.



The Ruiz Cares Program is a company-wide initiative that encourages community service among team members and supports their efforts of giving back!



Karen Bray, Executive Director of Grand Central station (Right) and Sara Tarvin, Board member are packing food bags.

"We are excited for the opportunity to get to know the Denison community a little better. We thought what better way than to give back by helping at Grand Central Station," VP of National Accounts, Kevin Murphy.

COUNTLESS INDIVIDUAL DONATIONS, ANONYMOUS DONATIONS,
CORPORATE AND FOUNDATION DONORS, MAKE IT POSSIBLE TO FEED OUR
GRAND CENTRAL STATION FAMILY! THANK YOU!!

Grand central station needs volunteers!

***Is your Church or business looking for a mission/outreach program?
Are you personally looking for a meaningful volunteer opportunity?***

Grand Central Station's existence depends on volunteers to prepare and serve meals, greet our visitors, sort and hang up clothes, pack food bags for our children, pick up and deliver food and help with our ministry!

For more information on a program that meets your individual, church or organization's needs, please contact our volunteer coordinators below!

Dorothy McKee – Dining Car - dodiemckee@gmail.com;

Jamie Flynn – Green House - jamieflynngreenhouse@yahoo.com; or

Suzi Hamel – Children's Express at suzi.hamel@gmail.com

***Our commitment to serve the under-served citizens in the Texoma area is appreciated.
You are making a difference in their lives!***



On behalf of **Grand Central Station**, Visitors, Staff and Board, we thank you for your continued support!

Thanks to your support, you have helped feed hungry families and individuals throughout Grayson County and provided life-changing programs that help our struggling neighbors. We are grateful for your generosity. As many of you know, **Grand Central Station** relies heavily on the support of individuals like you to continue our mission.

Please donate today, or send a check to: **Grand Central Station P.O. Box 3173 Sherman, Texas 75091.**

**“The smallest act of kindness
is worth more than the
grandest intention.”**

~ Oscar Wilde

Grand Central Station

110 South Throckmorton
Sherman, Texas 75090